



HOME LEARNING

Tips for learning at home

HAVE A LOOSE BUT STRUCTURED ROUTINE



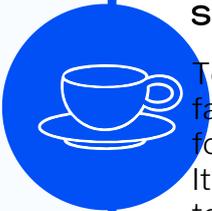
Many people need structure as it brings meaning to the day. This can be case particularly with SEND kiddos - it doesn't have to be big or fancy, just 2 or 3 things that you/they do the same, every Mon-Fri.

SCHEDULE IN 'BRAIN BREAKS'



Brain breaks are quite simply, a break for the brain! They're really important and can make the world of difference. Choose 2 to 4 activities that your child enjoys and have them choose their brain break. The frequency and length aren't one size fits all, so play around and find what works.

SET UP A TOKEN REWARD SYSTEM



Token economy systems are a really fast and effective way to get kiddos to follow rules.

It's a positive thing! Have physical tokens for your child and reward after each task set out for them. Give them a choice for their 'big reward' at the end of learning session.

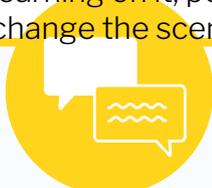
CONSIDER YOUR CHILD'S LEARNING STYLE:

Spend some time observing your child, experiment, and stick with the learning tools that work - some will benefit from a mix of direct instruction, visual and interactive learning, and hands-on experience. Many need a great deal of repetition and practice to master a concept or process. Find what works best.



IT'S ALL EDUCATIONAL!

Many children learn by doing, even when you think they're not learning, they are taking something on board. Cooking = food tech & fine motor skills. Typing up their favourite facts = English. Dance party before bed = PE. If nothing else, try to observe curiously what your child is doing, note their strengths and place learning on it, pose questions and change the scenario.



BE FLEXIBLE & KIND TO YOURSELF

Be empathetic of the situation of the - we are in unprecedented times, don't put too much pressure on them or yourself. You're doing great!

If students need special support, be open to their unique needs. Read the room and change things up.

