

LOOSELY STRUCTURED SCHEDULE

Chop, change, omit & add all you wish - change it to suit you and your family.



MONDAY

Shake your sillies out! (PE activity).

Writing practice (tailored to your kiddo's level/interests)

Brain Break

Matching/sorting activity

Brain Break

Help make dinner!
Practice kitchen safety.

TUESDAY

Shake your sillies out! (PE activity).

Today we'll learn about healthy foods, whilst we prepare snack. Talk about colour, smell, feel etc.

Brain Break

Home scavenger hunt

Brain Break

What is your favourite *animal*? Lets list their features. (together or independent)

WEDNESDAY

Shake your sillies out! (PE activity).

Shapes are great! Let's explore them in our home - followed by a shape scavenger hunt!

Brain Break

Fine motor skill activity - play dough

Brain Break

Story time! - discuss what there is to see on each page, how the characters feel, what might happen next.

THURSDAY

Shake your sillies out! (PE activity).

Let's collaborate on doing a puzzle.

Brain Break

Number work - all of the number are jumbled. Could you sort 1-10?.

Brain Break

Beanbag toss!
Draw circles and write a number in each one, say a number for the child to throw the beanbag into.

FRIDAY

Shake your sillies out! (PE activity).

Let's talk about puppets! Maybe link it to Wednesdays story.

Brain Break

Gather materials for a sock puppet. Practice safe cutting and sticking.

Brain Break

Create a short story using your puppet!

